

Improvements in 2023

In 2023, Dansk Sundhedssikring will update the basic health insurance cover with several improvements as well as an improvement to our Option F Treatment of chronic conditions. The following is a summary of the improved coverages that will take effect on 1 January 2023.

Prescribed medication is covered for up to 2 years

We are improving the coverage of prescribed medicines from 6 months to up to 2 years.

Follow-up examinations are covered for up to 2 years

We are improving the coverage of follow-up examinations from 6 months to up to 2 years.

Option to choose your own psychiatrist

In the future, it is also possible to find a psychiatrist yourself. We can still refer you to a therapist we work with.

Better coverage for employees employed in flexible or light duty jobs

Employees in flexible or light duty jobs are henceforth covered under the same conditions as other customers, as the following exception has been removed from the conditions: "Employees employed in flexible or light duty jobs are covered, but not with regard to the disorders which are the reason for the employee being in flexible or light duty jobs".

Online physiotherapy

We have experienced great satisfaction with our pilot project on online physiotherapy, and from the beginning of the year, it will become part of our basic coverage. The course includes video consultations with a physiotherapist, independent training, guidance and follow-up with the physiotherapist via a video and chat function, as well as 6 months of subsequent access to an intelligent training app.

Online psychological treatment

Our customers have received our online stress management programme very well. As a result, we are expanding our forms of treatment to also include online psychological therapy for other mental health issues via our quality-assured network. The video consultations take place as traditional face-to-face consultations via computer, tablet or smartphone.

Child coverage

In the future children can be co-insured until their 24th birthday.

Improved cover for Option F Treatment of chronic conditions

The option now covers treatment of diagnosed or long-term (more than 6 months) osteoarthritis or other chronic musculoskeletal conditions. There is no longer a requirement for the disorder to be diagnosed by a doctor.